

Questions and Answers Dadi Gulzar 29.03.05

Q: Is there a difference between when you remember Baba and when you meet Baba in the subtle region?

A: There is a difference. When I meet Baba in the subtle region it is through Baba's blessing of trance or Baba is giving me a message in order to pass on to others and so it is for service. Remembering Baba is yoga and this is my effort of this Brahmin life. It is based on this effort that I receive power as well as receiving fruit. The status I will receive in the future will be on the basis of this effort of remembrance and so this is where my attention lies. However meeting Baba in the subtle region is a blessing and of course I experience attainment and benefit. When Baba gives blessings to the children, I listen to those blessings first and so I receive power from that and of course I receive the fruit of service, which means it becomes easy for me. So one is blessings and the other is my own effort and the future is on the basis of my own effort and before the future my present becomes created.

Q: What is the feeling you have when BapDada comes in your body?

A: When Baba started coming after Sakar Baba's body was cremated, we were just sitting to offer bhog. It is the discipline of Brahmin life that when someone leaves the body bhog is offered on the first day after the body has been cremated. For thirteen days bhog is offered for that person. I did not know that Baba was going to come at that time. Baba's part was going to happen but I did not know that either. Everyone had questions at that time because Baba had left the body suddenly. There were questions that since Baba has become avyakt what will happen to the centres, how will Murli be conducted, how will we receive directions from Baba. Everyone had questions like this. So as we sat and offered bhog to Baba, Baba suddenly came and on that day Baba gave answers to all the questions that we had. From the beginning I have the experience that whilst Baba is in my body and using my body that I know nothing of what is happening. Of course the soul is still in the body but the consciousness is merged. Just as on a radio or television there are several channels and just because you are tuned into one channel doesn't mean the other channels are not working. In the same way, when Baba is in the gathering and meeting everyone, my consciousness is switched off at that time. My stage at that time is one of very sweet silence. It is not that I am lost in Baba's love or experiencing the seed stage, it is just sweet silence. I am lost in that stage and thus when I return I am not tired because I return from a very good stage. During that time I have no awareness of what has happened here. Sometimes people ask whether I would like to hear what Baba is saying. But no, as the benefit of sweet silence is very beautiful for me and I also receive the happiness and blessings that service is happening through my body. I am very content with this and have no questions about it.

Q: Does your mind always remain silent? Do you think anything extra than you have to? Is this your secret? Are you making effort for that? Tell us your secret?

>From the beginning I have had these sanskars. Perhaps they are the sanskars of last birth also but of course these sanskars need reinforcement. There has been the experience of trance from childhood. In a state of trance you do not have any awareness of this world and this practice has continued since the days of Pakistan. We didn't have the experience of the subtle regions in the beginning, it was just experiences of the golden age - how children would be born, how marriage ceremonies would take place. This is what we experienced. There was no clarity about the supreme region and subtle regions. Since Pakistan my role has been going into trance. At that time Baba lived separately from us because of people objecting. The sisters were banned from living with Baba and so the sisters lived with Mama in a big house like a palace. Baba lived with his lokic family and some brothers in a house in Clifton near the beach. When my part of seeing subtle Baba in trance began, Baba saw that something new was starting. I didn't understand what I was seeing or experiencing. I saw Baba in the subtle regions in his form of light and so when I returned I explained this to Brahma Baba. I said "Baba it was you with the same features but it was in the form of light. Baba asked " I am sitting here so what is she seeing there. Why did she see me up there". Baba asked Mama to try and understand what I was experiencing. So in order to give me solitude, Baba took me to stay in his home. I used to go back and forth into trance and would bring messages to Baba, as at that time we had no clarity about the subtle regions. Baba and would give me questions and I used to go into trance and I used to ask these questions to the subtle form. Because of this role I used to stay in silence a lot and so it has become my nature.

Q: How did it become fixed that you were to be Baba's chariot?

A: First Baba came and only gave answers to the questions that the children had. If you read that first murli you will see that Baba said things to please everyone and give the children the feeling that Baba was present with them. He did this by using the children's special names and titles that he had used before he left. In the first murli Baba also gave the signal that he would continue to come and meet everyone. On the 2nd and 3rd meeting, Baba fixed Didi and Dadi as the instruments in front of the whole gathering. He also indicated that there would be only one trans-medium. Baba asked Didi and Dadi if they liked that idea and they agreed and this is how Dadi Gulzar was fixed as the chariot for Baba.

Q: Baba says that those that have come last can go fast and come first. How can we go fast and come first?

A: Didi, Dadi, Nirmala, Shanta and Brij Indra Dadi were older ones of Mama's age and they all used to ask Mama how she became Mama and what were her specialties that enabled her to become this. Mama gave the answer that from the beginning she had the aim that whatever Baba said that she would do it. Therefore if you have come last and want to go fast and come first you need to follow Baba's shrimat from Amrit Vela until nighttime. Baba has given shrimat for every action and for what you have to think and do. Baba has given shrimat for every step that you have to take and so if you follow Baba's shrimat at every step you will be able to go fast. Not a single action should be without shrimat. In this way you will follow the Father and reach your destination and you will become an angel.

Q: Baba has said that we have to stay in the combined form. What is the combined form?

A: The combined form means that Baba is my companion at all times. If someone is physically with you, you feel their presence and their strength. For instance, a woman is afraid to be alone at night but if someone strong like a bodyguard is with her then she feels safe. In the same way, to be combined with Baba means to have the experience that Baba is my companion at all times, at every step Baba is with me. A weak person may take the support of a stick or hold someone's hand in order to be able to walk. In the same way, Baba is my companion and He is with me and all His power is with me too. So any time I have a weakness let me take the company of Baba, the Almighty Authority and move forward. In this there is benefit. I may have a lot of work to do yet if I feel someone is with me I can take their help and support. Baba in the point form is also with me and so I can take His help and support. Baba says that he will be our helper and will give us power and in this way we can experience Baba in the combined form. Baba says that the connection with Baba should be so easy and that whenever you have a thought Baba should be the one that you tell. Baba should be the one who you speak to when you have something in your heart or if there is any situation that is not going the way you feel it should. When you remember, Baba can be present for you. The very meaning of being combined is that at the time of need you experience Baba as your companion and you experience the self full of Baba's power. This is the way to experience Baba's company.

Q: As Baba keeps reminding us that time is now short, what sort of planning should we as BKs do for the future? Should we plan for 50, 10 and 5 years?

A: It is OK to plan for 25 years because as you make plans the intellect will have to become so vast and our vision will get drawn towards the vastness of the number of people there are. So when destruction does happen if we have plans for 25 years then according to that plan we will give to other souls through our mind because our vision has expanded that far into the future. We will have the awareness that we have to give the message to souls through the power of the mind. Baba says be great donors and give something or another to others and we will give them through the mind, if not through words and that service will happen very quickly. Our plans for 25 years will definitely be accomplished. You might not say anything in words but you can make plans in your mind - there is no problem with that.

Q: Baba says to give happiness and receive happiness from others. How long do we continue to keep giving happiness if someone is selfish and wants more and more from us? What is the problem when we are lacking the ability to give happiness?

A: It is a good thing if we give happiness to others. Baba is not asking us to give salvation to others, Baba is just asking us to give happiness. To give happiness means to give good wishes and pure feelings even if they are selfish. OK they are selfish but if I want to keep my mind and heart happy I have to give happiness from my side. If you have waste thoughts towards that person then those waste thoughts will spoil your stage. We had asked Baba that if someone gives us bad feelings how could we then give blessings to that one. Baba replied that if you say that someone gave you something bad and you keep it with you surely that would damage you. No one keeps bad things with them. They either throw it away or give it back. Even if someone is selfish let me fulfill my responsibility to whatever extent I can by giving them happiness. If I give sorrow that will become a sin on my part and if I keep giving happiness I will experience happiness - so what is the problem for me? To give them physical facilities is a different thing and in that they can become spoilt. Say for instance someone wants praise

or recognition and their motive is a selfish one. Then I do not have to give them that but I can still give good wishes and through these good wishes give happiness.

Q: What is the Advanced Party doing at the present time? Where are Mama and Didi Manmohini and what is their state of mind?

A: Baba has not told us where the Advanced Party souls are. As Baba hasn't told us I can't tell you and no one else can either. The Advance Party has gone for the reason that the Golden Age has to be created through the power of intellect. Who is able to give birth through yoga power? Those who are yogi. This is why they are waiting for us. They will give us birth and then they will too have a new birth. Their state of mind is very good. They are living in the kind of homes where the family members and parents are seeing them as deities. It is not that their faces are like deities but those special souls who have gone into the Advance Party have such divine virtues and the power of knowledge. Knowledge is not in an emerged form but their stage of effort is still there. They have divine virtues and a smile on their lips like a deity. Their friends and relations feel that God has sent them a divine personality and whomever they come into contact with feel as if a deity has come in front of them.

Q: What kind of co-operation can we give at the time of natural calamities when thousands of souls leave their bodies? How can we give peace and help those souls?

A: That can only happen with yoga. Our power of yoga should be such that we don't keep one particular soul in front of us and give them sakash but through service of the mind we serve the whole world by keeping many souls in front of us. We can only give happiness to others when we have accumulated a stock of happiness inside. Then we can give them support through yoga, through good feelings and good wishes. We don't have faces in front of us but they are the children of the same Father, they are our brothers and sisters. Therefore with that feeling of brotherhood we can support them with the power of peace, the power of love and the power of happiness with the power of God's remembrance.

Q: How can we do subtle service through the subtle body?

A: The soul can only do service through the thoughts. You can do service in the form of an angel. It is not a question of thinking "I am going to the subtle region and will take a subtle body there" but through our subtle thoughts of good wishes and pure feelings. So through my thoughts I become stable in the angelic form. The angelic form means that I have no awareness of the body. Baba said an angel is one who has no relationship with the old world. They only have relationship of the soul and there is no awareness of the body. Through this stage and quality of thoughts we can serve other souls. To serve through the subtle body means to serve through the subtle angelic consciousness.

Q: Baba says that we have to have unlimited disinterest. Can you clarify what this attitude of unlimited disinterest is?

A: The attitude of unlimited disinterest means there should be no desires or attraction towards any worldly object or a person. Just as when you are unwell you have to take medicine. You take the medicine and yet you are not attached to the medicine. In the same way, there should be no attraction to any human being or worldly object or even to an old sanskar. "I didn't really want to do this but because of my old nature I ended up doing it". When I say that I have died a living death and become a Brahmin, have I not died from the sanskars of being a shudra? Yet the sanskars still remain. Surely my sanskars should have died too. This is why there should be no

sanskars of taking support from the sanskars of the old self, or from a human being or worldly object. I am a soul and Baba is my world. Baba is the one with whom I have all relationships. This is known as unlimited disinterest. Unlimited disinterest means no attachment - not even in service such as my centre, my students, and my gift from my students - there should not be any of that.

Q: What experience do you have at Amrit Vela? At Amrit Vela should we be thinking about knowledge, should we be donating through the mind or should we be talking to Baba?

A: Amrit Vela is not the time for churning knowledge. Amrit Vela is the time to be stable in your form of a soul and make a connection with Baba and the power that I am receiving is spreading automatically. I don't even have to think that I am giving - it is a natural state. Does a lighthouse think about giving light? It gives light and spreads light everywhere. So I am taking power from Baba and the atmosphere of power is being created. At Amrit Vela my connection and relationship with Baba should be deep. As a bestower, and I should just receive from Baba and spread what I am receiving. However if you have waste thoughts about the past or something you have done or there is a difficulty which remains after a nights sleep or sometimes too many thoughts come about service, then you can think about knowledge. In order to finish a particular pattern of thinking, you need to have a different pattern of thinking. At that time you need to have positive thoughts. For instance, if there is darkness and you put on the light, there is light. In the same way, in order to finish waste thoughts if you remember some points of the murlī that's OK, you are only doing that to finish something, to fill the gap so that waste thoughts finish.

Otherwise at Amrit Vela it is not necessary to churn. It is the time to fill the self with powers from Baba and share with others. The more we fill ourselves, the more we will be able to spread these vibrations. It is not even necessary to have a chit chat with Baba as Baba is seeing that the child is sitting and connection is there, the child is receiving sakash and power. Therefore in the first stage the soul becomes lost in the experience of love for God and lost in the experience of taking power from God. However if you are not able to create that stage then the second stage is to chitchat with Baba or to churn knowledge.

Q: There are many cows in the Golden Age and so do deities drink cow's milk?

A: There will be fruit which is so beautiful just like when you have coconut milk. There the fruit will be such that if you want something sour, you will just squeeze the fruit and the fruit itself will become like a glass and you can drink. Because the cows here don't eat good food, the milk is not healthy and people have problems with milk. Some become heavy or can't digest the milk. In Golden Age it is said there are rivers of milk which means it is in abundance. We will not eat anything fried there but there will definitely be baked food. There will be solar system for cooking there but you won't have electricity. We will bake the food but we will not cook it in any other way - there will be no use of oil. There will be butter and milk. Everything there will be satopradhan, even the earth will be satopradhan and so the fruits, flowers and grains will be satopradhan. Everything will be natural and will be the best. Baba says that if you want to be one out of multimillions, you have to be present at the time of 1.1.1 - the first day of the first month of the first year. This is when everything is satopradhan, the all the elements are satopradhan. Double foreigners have made Baba into the World Benefactor. They have made Baba's title of World Benefactor become a reality. Before you came Baba was

just the Benefactor of India but since you have come Baba is practically the World Benefactor and so congratulations to all of you and for your service. Congratulations.